

EAGLE HEIGHTS INSIGHTS

NEWS & STORIES





Our President's Message



April is a special month for our HMC families as we celebrate the Month of the Military Child. It is a time to honor the sacrifices made by military families worldwide and especially the

dependent children of military

members serving at home and overseas. Since 9/11, over 2 million children have had a parent deployed overseas, and come have had a parent deployed multiple times. Military youth of today promise to be some of the most active and involved populations in our nation's history. It is only tting that we take time to celebrate them in a special way. Thank you to our military families with children who continue to teach and inspire our future leaders.

Best.

John Ehle President

Hunt Military Communities









RECIPIE CORNER

RASPBERRY-BANANA BREAKFAST TACOS

Ingredients

- 3/4 cup all-purpose flour
- 3/4 cup whole wheat flour
- 3 tablespoons sugar
- 2 teaspoons baking powder
- 3/4 teaspoon ground cinna-
- 1/2 teaspoon salt
- 1 large egg, room tempera-
- 1 cup 2% milk
- 2 tablespoons canola oil
- 1 teaspoon vanilla extract
- 1/3 cup cream cheese, sof-
- 3 tablespoons vanilla yogurt
- 1 small banana, sliced
- 1 cup fresh raspberries

Directions

Whisk together flours, sugar,

baking powder, cinnamon and salt. Combine egg, milk, canola oil and vanilla; stir into dry ingredients just until moistened.

Preheat a griddle over medium heat. Lightly grease griddle. Pour batter by 1/2 cupful's onto griddle; cook until bubbles on top begin to pop and bottoms are golden brown. Turn; cook until second side is golden brown.

Meanwhile, beat together cream cheese and yogurt. Spread over pancakes; top with banana and raspberries. Fold up.



302-677-6024

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SAVE THE DATE

April 1st— April Fools Day **April 4th- Easter Sunday April 7th- World Health Day April 10th-National Siblings** Day

April 11th-National Pet Day April 22nd- Earth Day Plant a Seed Event at **Leasing Office 11-4:45pm**

HuntMilitaryCommunities.com









HUNT RESIDENT APP

SIGN UP TODAY

Visit the Community Website:

Under Current Residents click Maintenance Requests and then Click here to register. Use your email address on file & registration code previously provided OR download the Hunt Resident App

If you need your registration code email doverleasing@huntcompanies.com

- Easy online payments
- Submit & track all work orders
- Opt-in to SMS text
- Check out upcoming community events & announcements

Contact Information

1069 High Street, Dover, DE 19901 Phone: 302-678-3603 • Fax: 302-678-3610 Facebook: @DoverFamilyHousing

STAFF LIST

Kathleen Parisi- Community Director Marisa Moore - Community Manager Amber Barnes- Leasing Specialist Rebecca Rivera-Leasing Specialist Kasandra Fields- Resident Service Specialist

Kevin Coyle- Maintenance Director Alex Davis- Maintenance Tech

Jeff Shipp-Maintenance Tech JR Riccardi-Maintenance Tech Michael Ebaugh-Maintenance Tech Cheyenne Chapman-Painter Rich Foley-Painter Tim Brubake-Porter Marnie- Warehouse tech

Marnie Ruggles Warehouse Tech

Two Fun Facts: I am the secretary of the Smyrna/Clayton Moose Lodge and I love Nascar

Why I like My Job: I love that every day brings something new!



Plant A Seed!

IN CELEBRATION OF EARTH DAY!

04 🕸 22 🕸 21

— 11:00 AM - 4:45 PM —

LOCATION: EAGLE HEIGHTS COMMUNITY GARDEN 3720 PINE CABIN RD DOVER, DE 19901

Bring your family and join us to celebrate Earth Day. Stop by the main leasing office to **PICK THEIR SEED PACKETS** and then plant them in the community garden.









Delaware

WELCOME TO DOVER!



Our USO Center is located inside of the PAX Terminal on base. If you are looking for a spot to relax on your lunch break or a place to hold a unit function, you can count on us! Amenities include: TV lounge areas, pool table, refreshments, gaming room with PS5, PS4, Xbox and Nintendo Switch, theater room with Netflix, guitar, ukulele, computers with CAC Card readers and outdoor grill area. Open to active, reserve, guard members and their dependents as well as retired military. Open Monday thru Friday 8am - 5pm



The USO offers many programs to help support our military and their families. Our Military Spouse Coffee Connections are just one of many events that we host. Follow us on Facebook and Instagram at USO Delaware and never miss out on our awesome events! Open to active, reserve, guard members & their dependents only



Bob Hope Legacy Reading ProgramUSO UNITES

The USO strengthens America's military service members by keeping them connected to family, home and country, throughout their service to the nation. Dont miss out on this heartfelt, decades old program. Set up a reading before deployment by emailing cmatthews@uso.org.

Become a Family Child Care Provider



Earn extra income while staying home with your kids!

Become a Family Child Care Provider Today! If you are a military spouse and want a rewarding career then Family Child Care is for YOU! You must be affiliated with the AF to provide child care in family housing. If you live off base, you may be eligible to be an AF Affiliated Provider. For more information, please call 302-677-3716.



You can make a difference by providing quality and affordable child care in a home setting

Family Child Care is looking for providers who will offer:

Full and part-time care for children ages 2 weeks - 12 years

Full-time care for infants and toddlers

Night and swing shift child care

Evening and weekend care

Care during TDYs

Special needs child care including children with asthma, allergies, cerebral palsy, and physical impairments.

You must be AF Affiliated to provide child care in



Family Child Care Homes offer:



Flexible Hours
Weekends
Evenings
Hourly Care
TDY Care
PCS Care
Expanded Child Care
Special Needs Care
Child Care for Volunteers
Subsidized Child Care

For more information, Please call the Family Child Care Office at 677-3716 FCC accepts children and approves as providers individuals with chronic health problems including HIV-positive individuals.





Family Child Care Offers Military Families:



The Air Force Deployment Child Care Program offers 16 hours of free child care per month before, during and after deployment.

Please call the Community Child Care Coordinator, Beverly Henderson at 302-677-3716 for more information and a parent request form.



