

**What Good Is The Warmth Of Summer,
Without The Cold Of Winter
to Give It Sweetness.**

- John Steinbeck



12 Ways to Win at Winter

Before you settle in for hibernation, remember that you're not defenseless against the chilly weather. Make the most of this time of year with these easy tips and tricks for staying warm, dry, and safe in colder temperatures. Eliminate winter woes with some surprising everyday tricks to help you navigate the next couple of months with ease.

1. If your car gets stuck in the snow, try putting kitty litter under the tires to gain some traction. No kitty? No problem! You can use your car mats instead.
2. Cover your windshield wipers with old socks so snow won't stick to them.
3. Check your tire tread using a penny. If Lincoln's head shows, get new tires.
4. Don't let icy weather keep you off your bike. Give wheels some extra traction by securing zip ties around them every few inches.
5. Spray your car windows with a 3:1 vinegar/water mixture. This will keep ice from forming on your windows (though you will still have to remove the snow).
6. Run your ceiling fan on low and spin it clockwise (reverse) to help warm air trapped by the ceiling to make it back down to floor level.
7. Electric blankets use very little energy. If you plan to stay in one place for a while, curl up with one to save energy.
8. Take vitamin D. Your body naturally produces this when you're in the sunlight, and so you make less in the winter. It can raise your mood significantly.
9. Pray your shovel with nonstick cooking spray before you use it, so snow doesn't stick to it.
10. Pour a mixture of 1 teaspoon liquid dish soap, 1 tablespoon rubbing alcohol, and 1/2-1 gallon of water over walkways so they don't refreeze.
11. Don't just survive this winter, enjoy it! Add Nutella to your hot chocolate or mocha, for a different, yummy twist on an old favorite.
12. Turns out you can trick your body into thinking it's not cold. Studies show that reminiscing about fond memories makes you feel warmer, so kick back with a favorite photo album to beat the chills.

Coming 2018

Solar Panels & Playground Repairs!



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Eagle Heights Leasing Office
(302) 678-3603

Eagle Heights Maintenance 24/7
(302) 736-0850

EVENTS AND HAPPENINGS

DECEMBER

**Free Gift Wrap Center
@ Eagle Heights
Leasing Office**

**We are a Toys for Tots
drop site!!**

**14th-16th
FAMILY PORTRAITS
free 8x10 portraits
Call Laura @ 210.284.2487
to schedule**

CONGRATULATIONS Yard of the Month Winners!

**The Graf Family
of Raintree Drive**

**The Garber Family
of Paw Paw Place**

**The Carson Family
of Coconut Court**

Dover AFB Holiday Parade Through Base Housing

5 December 2017
4:30 P.M. - 5:25 P.M.



Parade POC:

SSgt Nick Roof
677-6099



2017 Dover AFB Christmas Tree Lighting Event!



Tues, 5 Dec 2017
5:30 P.M.
Chapel 2 (base housing)
Refreshments for ALL!

POCs:
Ch, Capt Kevin Pugh
Kevin.Pugh@us.af.mil
TSGT Victoria Camarillo
Victoria.Camarillo@us.af.mil
Chapel: 677-3932

